Do we know what causes mass loss in Betelgeuse?

Role of radiation pressure on molecules, on dust (dust precursors)?
Role of convection, cool/hot spots?
Role of magnetic field?
Role of pulsation?
Role of the chromosphere?
Role of the rotation?

Is Betelgeuse typical?
Similarity and differences with AGB stars

How does mass loss affect the evolution of the star?
The impact of inhomogeneous mass loss (spatial and temporal) on stellar evolution?

How to tackle the problem in the future?